



# May



## Mount Vernon School District

*Growing Healthy Students!*

Monday	Tuesday	Wednesday	Thursday	Friday
6-May <b>Chicken Nuggets</b> Sunchips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	7-May <b>Cheeseburger</b> Potato Wedges Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	8-May <b>Penne Pasta</b> w/ Beefy Red Sauce Garlic Bread Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	9-May <b>Cheese &amp; Chicken Quesadilla</b> w/ Salsa Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	10-May <b>Pepperoni Pizza</b> Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
<b>Cereal Choice &amp; Cracker</b> Fresh Fruit & Milk	<b>Breakfast Pizza</b> Fresh Fruit & Milk	<b>Cinnamon Toast Crunch Bar</b> Fresh Fruit & Milk	<b>Pancake &amp; Sausage on a Stick</b> Fresh Fruit & Milk	<b>Maple Long John</b> Fresh Fruit & Milk
13-May <b>Cheese Stuffed Breadsticks</b> Marinara Sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	14-May <b>Chicken Burger</b> Tater Tots Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	15-May <b>Beef Teriyaki Dippers</b> Steamed Rice & Veggies Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	16-May <b>Burrito</b> w/ Hot sauce Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	17-May <b>Cheese Pizza</b> Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
<b>Cereal Choice &amp; Cracker</b> Fresh Fruit & Milk	<b>Breakfast Pizza</b> Fresh Fruit & Milk	<b>Cinnamon Toast Crunch Bar</b> Fresh Fruit & Milk	<b>Pancake &amp; Sausage on a Stick</b> Fresh Fruit & Milk	<b>Banana or Zucchini Bread</b> Fresh Fruit & Milk
20-May <b>Chicken Strips</b> Baked Cheetos Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	21-May <b>Hamburger</b> Potato Wedges Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	22-May <b>Breakfast for Lunch</b> Mini French Toast & Turkey Sausage Patty Dried Cherries Fresh Vegetables 1% White Milk or Chocolate Milk	23-May <b>Pepperoni Pizza</b> Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	24-May <b>No School</b> <b>Non-Student, Non-Contract</b>
<b>Cereal Choice &amp; Cracker</b> Fresh Fruit & Milk	<b>Breakfast Pizza</b> Fresh Fruit & Milk	<b>Cinnamon Toast Crunch Bar</b> Fresh Fruit & Milk	<b>Pancake &amp; Sausage on a Stick</b> Fresh Fruit & Milk	
27-May 	28-May <b>Corndog</b> Tater Tots Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	29-May <b>Turkey Taco Nachos</b> w/ Pico Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	30-May <b>Ham and Cheese Sandwich</b> Lays Potato Chips Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk	31-May <b>Cheese Pizza</b> Fresh Fruit and Vegetables 1% White Milk or Chocolate Milk
<b>No School</b>	<b>Cereal Choice &amp; Cracker</b> Fresh Fruit & Milk	<b>Breakfast Pizza</b> Fresh Fruit & Milk	<b>Pancake &amp; Sausage on a Stick</b> Fresh Fruit & Milk	<b>Banana or Zucchini Bread</b> Fresh Fruit & 1% Milk

This institution is an equal opportunity provider and employer. Menu subject to change without notice.  
 Questions? Call Cheyenne Walker, Food Services Supervisor, at (360) 428-6149.

